

# Ashburn Soccer Club

## Summary of Rules - Spring '08

Program Age Group	Ball Size	Game Format	Goal Keeper	Team Size	Field Size	Goal Size	Min. Players	Player Sub.	Game Duration	Breaks	Offsides	Throw - In	Penalty Kick
<b>Tiny Mites</b>	# 3	Training Only		12 (Max 15)	30x 20 yds								
<b>Lil' Strikers</b>	# 3	4 v 4 or 5 v 5	No	8-9 (Max 10)	30x 20 yds	3' x 5'	3	Free	4 x 6 min	Quarter	Not Enforced	Coaches	None
<b>U6</b>	# 3	4 v 4 or 5 v 5	No	8-9 (Max 10)	40x 30 yds	3' x 5'	3	Stoppage	4 x 8 min	Quarter		Kick-In	None
<b>U7</b>	# 3	4 v 4 or 5 v 5	No	8-9 (Max 10)	40x 30 yds	3' x 5'	3	Throw-In and Goal Kicks (see Note 1)	4 x 10 min	Quarter		Throw-In	top of penalty arc/ open goal
<b>U8</b>	# 4	4 v 4	No	8 (Max 8)	40x 30 yds	3' x 5'	3	Throw-In and Goal Kicks (see Note 1)	4 x 10 min	Quarter		Throw-In	top of penalty arc/ open goal
<b>U9/U10</b>	# 4	7 v 7 or 8 v 8	Yes (Change at half)	12 (Max 14)	75 x 45 yds	6' x 12'	6	Throw-In and Goal Kicks (see Note 1)	2 x 30 min	Half		Enforced (Blatent)	Throw-In
<b>U11 &amp; Up (Suburban Friendship League)</b>	U11 & U12 Size #4 U13 & older Size #5	U11 & U12 8 v 8 U13 & Older 11 v 11	See SFL for Rules	See SFL for Rules	See SFL for Rules	6' x 18' (U11&U12) 8' x 24' (U13-older)	7	See SFL for Rules	See SFL for Rules	Half	Enforced	Throw-In	Penalty Mark w/Goalie

Note 1: Substitution is allowed on throw-in for the team not in possession of the ball if the team in possession of the ball is substituting